

Personal Plan for Spiritual Growth

Character Qualities: These are qualities God wants to get into Believers' lives (Progressive Sanctification).

- **Boldness** – not being afraid to share who Jesus is with others; responding in a way that is gentle and kind
- **Compassion** – empathy for another's circumstance; acting on their behalf
- **Contentment** – being at peace; not given to anxiety, or jealousy, or envy
- **Disciplined** – doing what you should do even when you don't want to
- **Even Tempered** – not given to sinful anger
- **Faith** – confidence in God and His promises regardless of circumstances
- **Forgiveness** – releasing someone of a wrong done to you
- **Honesty** – being truthful and above reproach in all things; not deceptive nor hypocritical
- **Hospitable** – welcoming others into your home to bless them
- **Humility** – valuing all people, not arrogantly looking down at any person, willing to admit wrong, teachable, good listener
- **Kindness** – acting in love and grace by helping others with joy
- **Patience** – willingness to be kind to others despite their sin and for the long term
- **Purity** – thinking and acting in godly ways; not given to lust and sexual immorality
- **Self-controlled** – bringing thoughts, emotions, and actions under the control of the Holy Spirit rather than the flesh
- **Selfless** – considering the needs of others above yourself
- **Stewardship** – using your time, or talents, or treasures in God-honoring ways
- **Truth in Love** – willingness to speak truth in a spirit of grace; not passive (love without truth), not harsh (truth without love)
- **Wholesome speech** – quick to encourage and build others up, not given to vulgarity, gossip, slander, humor which is God honoring

Relationships: Attempt to connect character qualities you identified to specific relationship(s) where this quality is necessary.

Spouse Son Daughter Parent Sibling Neighbor Co-worker Church Member Witness

Plan for Growth: We desire the transformation God wants for us. We will take intentional steps to allow Him to work.

- Pray daily about the area. "Lord, help me to be _____ today."
- Identify some specific goals.
- Read a book about the topic – pick up a book about prayer, strengthening your marriage etc...
- Do a Bible search / study regarding the topic. Discover what God's Word says about this area
- Identify roots of sin that prevent growth in an area.
- Meet with small group leader or other believers to discuss how to grow in that area.
- Journal the journey – Write about struggles, victories, teachable moments etc...
- Trust God to sanctify you and form you into the image of Jesus Christ.